



# Weekly News

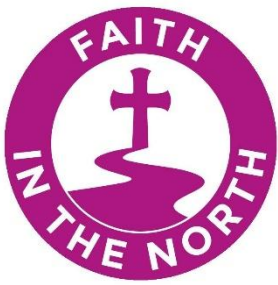
9<sup>th</sup> August 2026

*The Tenth Sunday after Trinity*

[www.stpetersharrogate.org.uk](http://www.stpetersharrogate.org.uk)

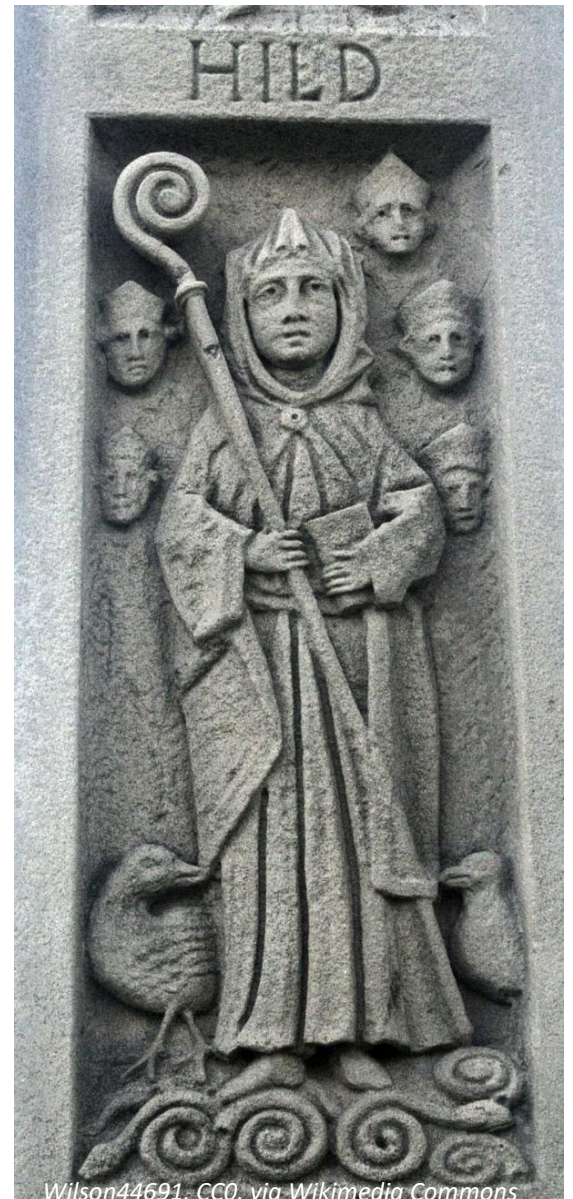
St Peter's Church, Cambridge Road, Harrogate, HG1 1PB

## Faith in the North: Hild – an extraordinary woman



The Anglo-Saxon period saw a move from pagan worship to early Christianity. It was a period of change and upheaval as the Christian church in England began to define itself. At this time the history of women tends not to be recorded, unless they were either extraordinary in some way or of high status. Hild or Hilda of Whitby was one of these women.

Hild was a Northumbrian princess who converted to Christianity and was baptised by Paulinus with the rest of the court of her great-uncle, King Edwin. She was raised at Edwin's court in the Roman tradition, but at the age of 33 became a nun and an adherent of Celtic Christianity, tutored by Aidan of Lindisfarne. She became abbess at Hartlepool Abbey before founding the monastery at Whitby. The monastery at Whitby was a double monastery with both men and women living and worshipping there, following the Celtic tradition. The abbey was a centre for culture and learning, which Hild ran with commitment and authority. Bede describes her as wise and kind as well as a great teacher. Five future bishops were trained there under her leadership. In 664 she hosted and presided over the Synod of Whitby which was to decide not only how to calculate the date of Easter, but also whether the traditions of Celtic or Roman Christianity would be followed in future. Wilfrid championed the Roman Christian cause and persuaded the Synod to reject the old Celtic ways. Hild's feast day is held on 19<sup>th</sup> November.



Wilson44691, CC0, via Wikimedia Commons



## The Market Day Café is on Thursday

The *Market Day Café* is on the second Thursday of each month. The next one is this week on Thursday 13<sup>th</sup> August at 11:30 am after the Holy Communion service. They will be serving hot drinks, homemade soups, fresh sandwiches, scones and delicious cakes!



## Men's Breakfast at St Peter's: Saturday 15<sup>th</sup> August 2026



Beginning with Morning Prayers at 8:00 am for those who wish to take part, and breakfast from 8:30 to 9:00 am, followed by an informal discussion session in The Gallery for perhaps 30 minutes or so. Please text Bryn Heapy on 07561 889 076 if you are planning to come or email him at [brynsusie@hotmail.com](mailto:brynsusie@hotmail.com).

## 'St Peter's Favourite Tree' Photographic Competition

St Peter's Eco Church Group are inviting you to focus on trees this year and are holding a photographic competition in November to choose 'St Peter's Favourite Tree'. Take a photo of your favourite tree throughout the seasons and in November, submit a collection of four to their competition. The congregation and public will vote. Start snapping!



## Popular Organ Recital

by John Longstaff

St Peter's Organist and Director of Music

2:00pm Bank Holiday Monday 31st August

Organ music for a summer afternoon

Programme includes music by

Bach, Rheinberger, Elgar and Suppé

Tickets £10 including cream tea afterwards



## GET OUT FOR THE COUNT

Spend 15 minutes in a sunny spot and gather vital data to save butterflies and moths.



17 JULY TO 9 AUGUST

### TAKE PART

Identify and record your sightings at [bigbutterflycount.org](http://bigbutterflycount.org) or scan the QR code to download our free app.



Exclusive media partner

**Gardeners' World** magazine

#BigButterflyCount

Image: Peacock butterfly by Gerdula Vogel



# St Peter's Food Ministry

## needs your help!

### The *Thursday Supermarket* needs these items:

- breakfast cereals
- small cartons of long-life milk
- tinned meat and fish (we are very low on fish)
- sweet biscuits
- teabags and instant coffee
- microwave rice
- small tins of fruit and vegetables
- toiletries like shaving foam and sunscreen.



All donations gratefully received



## Bakers needed for the next St Peter's Fundraising Refreshment Day



Please let Catherine Medforth (07876 653 765) or Siân Lockwood (07889 616 755) know if you are willing to bake a cake for our next fundraiser on Saturday 22<sup>nd</sup> August. Food supplied, sold or provided at charity or community events, such as fundraisers, must comply with food laws. So that those with food intolerances or allergies can make safe choices we ask that cakes are brought in a container with a list of ingredients attached. Thank you.

## A Rocha UK's Easy Eco Tips: August 2026

### Looking after wildlife in the heat

Times of drought and dryness can be dangerous for wildlife. Please provide water to help them stay hydrated and cool. As well as for drinking, birds use water to regulate their temperature and keep their feathers clean. Insects, small mammals, and even badgers and foxes, could benefit, too. Placing stones in the dish will help insects to land and drink without drowning. These small actions make a big difference and are just some of the ways we can live out our calling to care for God's creation.



# Today's Services: 9<sup>th</sup> August 2026

*The Tenth Sunday after Trinity*

*The Tenth Sunday after Trinity (BCP)*

**8:30 Holy Communion**

**9:30 Family Communion**

*Sunday Club is closed for the Summer, but all children and their parents are welcome to gather in the café area, where there are toys and activities to share during our Family Communion Service.*

*At the 9:30 Service we offer prayer with members of our Prayer Ministry Team. If you would appreciate prayers, come to St Mary's Chapel after receiving Communion and wait. The team members will introduce themselves, ask for your prayer request and pray with you.*

**Hymns** Christ be in my waking, as the sun is rising; **53** Broken for me;  
**381** Make me a channel of Your peace; Our God is a great big God

**Readings** 1 Kings 19 v 9 - 15  
Matthew 14 v 22 - 33

**Preacher:** Ruth Harris

**Our Duty Wardens today are:**

Siân Lockwood and  
Ian Birt

**11:00 Choral Matins**

**Setting** Sullivan in D (Jubilate)

**Hymns** 514, 562, 549

**Psalm** 88

**Readings** Romans 10 v 5 - 15  
Matthew 14 v 22 - 33

**Anthem** The Lost Chord (*Sullivan*)

**Preacher:** Ruth Harris

**6:30 Choral Evensong**

**Setting** Carolus Andreas (fauxbourdons)

**Hymns** 610, 281, 482

**Psalm** 86

**Readings** I Kings 11 v 14 – 12 v 20  
Acts 14 v 8 - 20

**Anthem** Rejoice in the Lord alway (*anon. attributed to John Redford*)

**Preacher:** John Longstaff

## St Peter's Bellringers Refreshment Day and Booksale

Look to, trebles going, she's gone!

The headstock on our treble bell needs replacing and this will cost us £3,500. We are anxious to raise the money ourselves as we have always paid our own costs. With this in mind, we are having a Refreshment Day and Bookstall on 15<sup>th</sup> August. Support and cakes and books and jigsaws needed please! Contact Hannah Beck.

**Please pray for those who have asked for our prayers:**

Pat Anderson, Peternella Clarkson, Graham Cornish, Jane Crabtree, Tony Edwards, Margaret Farrar, Jenny Gardiner, Tim Harrison, Jean Hopper, Trevor Hughes, Christine Jepson, Miriam Jones, Joan Kelly, Bill and Margaret Osborne, Sheila Pantin, Sue Pearce, Celia Preston, Michelle Simon and Sally Sneddon.

**Also in our prayers this week:**

|              |                                                                                                                      |
|--------------|----------------------------------------------------------------------------------------------------------------------|
| <b>Mon</b>   | Vulnerable children with safeguarding and welfare needs<br><i>St Andrew's Evangelical Mission</i> , in Chosica, Peru |
| <b>Tues</b>  | Staff and residents of care homes<br>Jan Edwards, Lay Pastoral Minister                                              |
| <b>Wed</b>   | Those living in poverty<br>The children in our country suffering from malnutrition                                   |
| <b>Thurs</b> | All those receiving their A level results today<br>Those working at the UCAS Clearing system                         |
| <b>Fri</b>   | His Majesty, King Charles III<br>Those working together to safeguard our planet                                      |
| <b>Sat</b>   | All who are recently bereaved<br>Those supporting people coping with grief and loss                                  |

**The Collect for *The Tenth Sunday after Trinity* (Common Worship)**

Lord of heaven and earth, as Jesus taught his disciples to be persistent in prayer, give us patience and courage never to lose hope, but always to bring our prayers before you;  
through Jesus Christ our Lord.

**Daily Bible Readings**

*Morning Prayer is at 8:00 am and is live streamed on Facebook – join in by following the links on our website. As part of our 'Year of John', the New Testament readings are all from the Gospel of John. These are the readings we will be using this week:*

|              |                                                                                                              |
|--------------|--------------------------------------------------------------------------------------------------------------|
| <b>Mon</b>   | <b><i>Laurence, Deacon at Rome, Martyr, 258</i></b><br>Psalm 71<br>1 Samuel 24<br>John 15 v 18 - 27          |
| <b>Tues</b>  | <b><i>Clare of Assisi, Founder of the Minorenes, 1253</i></b><br>Psalm 73<br>1 Samuel 26<br>John 16 v 1 - 15 |
| <b>Wed</b>   | Psalm 77<br>1 Samuel 28 v 3 to end<br>John 16 v 16 - 24                                                      |
| <b>Thurs</b> | Psalm 78 v 1 - 39<br>1 Samuel 31<br>John 16 v 25 - 33                                                        |
| <b>Fri</b>   | <i>Florence Nightingale, Nurse, Social Reformer, 1910</i><br>Psalm 55<br>2 Samuel 1<br>John 17 v 1 – 11a     |
| <b>Sat</b>   | <b>THE BLESSED VIRGIN MARY</b><br>Psalm 98<br>Isaiah 7 v 10 -15<br>John 17 v 11b - 19                        |

**The Collect for *The Tenth Sunday after Trinity* (Book of Common Prayer)**

Let thy merciful ears, O Lord, be open to the prayers of thy humble servants; and that they may obtain their petitions make them to ask such things as shall please thee;  
through Jesus Christ our Lord.

# What's on This Week

*St Peter's Church is open to visitors from 9:30 am – 3:30 pm Monday to Thursday, and Saturdays, but from 9:30 am – 1:00 pm on Fridays.*

|                              |                                                                                                                                                          |
|------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Mon 10<sup>th</sup></b>   | 11:00 am – 1:00 pm <i>Sit-n-Knit</i> in Church<br>2:00 pm The U3A Singing Folk group                                                                     |
| <b>Tues 11<sup>th</sup></b>  | <b>12:00 – 12:30 pm Healing Service</b>                                                                                                                  |
| <b>Wed 12<sup>th</sup></b>   | <b>10:30 – 11:00 am Café RefleXions</b><br>2:00 – 3:30 pm Art Class for Adults with Helena<br>7:30 pm Harrogate Harmony Men's Chorus                     |
| <b>Thurs 13<sup>th</sup></b> | 9:30 – 11:00 am The Toddler Group at St Peter's<br><b>11:00 am Holy Communion</b><br>11:30 am – 1:30 pm The Market Day Café<br>No Choir Practice tonight |
| <b>Fri 14<sup>th</sup></b>   | 9:30 am AA meeting in the Music Room<br>10:00 am – 12:00 pm St Peter's Cleaning Team<br>7:00 – 8:15 pm Bellringing Practice at St Peter's                |
| <b>Sat 15<sup>th</sup></b>   | 8:00 am Men's Breakfast at St Peter's<br>10:00 am – 3:30 pm <i>St Peter's Bellringers</i> Fundraising<br>Refreshment Day and Booksale                    |
| <b>Sun 16<sup>th</sup></b>   | <b><i>The Eleventh Sunday after Trinity</i></b><br>7:30 – 8:30 pm AA meeting in the Brostoff Hall                                                        |

## Next Sunday 16<sup>th</sup> August 2026

### ***The Eleventh Sunday after Trinity***

|       |                  |
|-------|------------------|
| 8:30  | Holy Communion   |
| 9:30  | Family Communion |
| 11:00 | Choral Matins    |
| 2:30  | Baptism          |
| 6:30  | Choral Communion |

## St Peter's Food Ministry:

**The Breakfast Club** provides a free, hot breakfast every morning from Monday to Saturday (8:15 – 8:45 am) for all those who are hungry or in need.

**Our mini-supermarket** is on Thursdays from 4:20 – 4:40 pm – an opportunity to stock up on tinned, preserved and dried food and toiletries.



# The Table Project: making space for all



*Ten years ago, St Mary's Church, Ambleside, chose traditional, stackable, oak chairs to replace their old pews, giving them fully flexible seating*

with the four main options and spaces to write your thoughts. We'd love to have your comments, questions, insights and experience as the Parochial Church Council prepares to decide at its September meeting.

To view a video of the presentation that our Vicar, Alan Garrow, gave at the meeting in Church on 26<sup>th</sup> July, please visit our Facebook page [St Peter's Church, Harrogate](#).

## How can we best arrange the seating in St Peter's to serve our vision?

The video sets out the background to this question and the options we are considering:

1. Retain the fixed pews.
2. Replace the fixed pews with movable pews.
3. Replace the fixed pews with fully flexible seating.
4. Replace with a combination of moveable pews and stackable chairs.

In Church there is a display board

A vibrant poster for 'Circus Adventure' at St Mark's Church, Harrogate. The poster features a red and yellow striped background with a central illustration of a circus ringmaster. Text on the poster includes 'CRAFTS', 'GAMES', 'CIRCUS ADVENTURE', 'STEP RIGHT UP TO A WORLD OF WONDER!', 'Three mornings of fun for primary-age children.', '26 - 28 AUGUST', '10AM - 12.30PM', 'At St Mark's Church, Harrogate, HG2 8AY', 'An action-packed holiday club, bursting with circus fun, lively teaching, music and worship, drama, games and creative crafts as we discover more about Jesus and how we can follow him.', 'BOOK NOW', 'smch.org.uk/HC', 'ST MARK'S Kids', and a QR code with the text 'Scan to book'.

Harrogate U3A Photography Group

## Photography Exhibition 2026

Monday 17<sup>th</sup> – Saturday 22<sup>nd</sup> August

St. Peter's Church, Cambridge Street,  
Harrogate: OPEN 10am - 4pm





Refreshments are served after each of our Sunday morning services from the kitchen area at the front of Church. Please come and join us.



## Safe Spaces

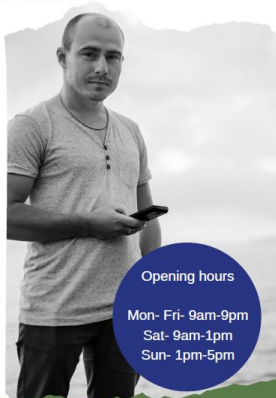
is an **independent** and **confidential** support service for adults who have been abused by someone in the Church.

If you have been affected, however long ago, **Safe Spaces** can support you.

Call our **free** helpline

 **0300 303 1056**

 **safespaces@firstlight.org.uk**



Opening hours

Mon- Fri- 9am-9pm  
Sat- 9am-1pm  
Sun- 1pm-5pm

[www.safespacesenglandandwales.org.uk](http://www.safespacesenglandandwales.org.uk)

## The Next Deadline

The deadline for the next edition of the Weekly News (16<sup>th</sup> August) will be noon on Wednesday 12<sup>th</sup> August. Please send any items (including photos) to **The Parish Office** or to **the Vicar, Alan Garrow**.  
[alan.garrow@gmail.com](mailto:alan.garrow@gmail.com)



**New to St Peter's?** Please fill in one of the welcome cards at the end of the pews and hand it to one of the Clergy.

## Key Contacts

### Vicar:

The Revd Canon Alan Garrow,  
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### Curates

The Revd Karin Shaw  
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The Revd Steve Gibbin  
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The Revd Juliet Balme  
(available Tuesdays, Thursdays and Sundays)  
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### Lay Pastoral Minister:

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### Parish Administrator:

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### Churchwardens:

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